

Vitamin D 1000

Products 4289 & 4290 (Rev 3)

Supplement Facts

Serving Size: 1 Tablet

Amount Per Tablet	% Daily Value	
Vitamin D (Cholecalciferol)	25 mcg (1000 IU)	125%
Calcium (Calcium Carbonate, Calcium Citrate)	100 mg	8%
Iodine (Kelp)	50 mcg	33%
SeaPlex (A proprietary blend of Kelp, Dulse, Spirulina, Sodium Alginate, Bladderwrack, Irish Moss, Chlorella)	25 mg	†

† Daily Value Not Established

Other Ingredients: Microcrystalline Cellulose, Ethylcellulose, Food Glaze, Croscarmellose Sodium, Magnesium Stearate, Silicon Dioxide.